

- Spring Cleaning Checklist -

Kitchen

Ceiling and corners

- ☐ Remove cobwebs from ceiling and corners
- ☐ Dust and wash light fixtures and vents (ceiling, walls), clean chandelier pieces if possible
- ☐ Change light bulbs where required

Walls, windows and doors

- ☐ Light switch plates, door knobs and power outlets wiped (points of contact)
- ☐ Wipe door, door frame, door threshold
- ☐ Dust and clean the frames and glass of picture frames
- ☐ Spot clean walls as required to remove marks and fingerprints
- ☐ Shades, curtains, blinds, drapes, valences washed and/or dusted
- ☐ Wipe window sills, tracks and frames
- ☐ Clean and/or repair window screens and wash window panes

Appliances

If possible, appliances should be moved and cleaned underneath and behind, cleaned and then replaced. This gives you access to the sides, back and nooks where the appliances sit all year.

- ☐ Clean inside fridge and freezer including shelves, drawers and trays
- ☐ Clean outside fridge including doors, handles and top
- ☐ Clean inside stove, remove racks and place on self-clean if possible, change light bulb if needed
- ☐ Clean outside stove (when cool) including coils, drip pans, grills, grates, glass cooktop, etc.
- ☐ Clean overhead exhaust, replace or clean filter
- ☐ Clean inside dishwasher – remove baskets and clean drain, filter and remove debris. Run a cleansing load through
- ☐ Wipe the outside dishwasher including panel and face, bottom and base
- ☐ Vacuum and remove lint from vents of appliances (unplug appliance first)
- ☐ Wipe and clean areas underneath, behind and the beside each appliance
- ☐ Replace appliance back in its place once area is cleaned

Countertop and sink

- ☐ Clean countertop accessories (i.e. inside toaster, descale kettle, clean inside microwave, coffee maker, etc.)
- ☐ Remove all countertop items and clean counters and backsplash well
- ☐ Get rid of anything you don't need
- ☐ Replace and organize countertop items
- ☐ Brush around faucets remove limescale build up, remove build-up from faucet
- ☐ Scrub and clean sink
- ☐ Clean the drain (if you dare)

Drawers, pantry and cupboards

- ☐ Go through each shelf or cupboard one by one
- ☐ Remove all items and determine which ones you no longer need or wish to donate and check for expired food items

Wipe inside each cupboard, drawer and shelf including the hinges, interior door and exterior door panel,

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Kitchen – continued

- ☐ sliding tracks, etc. as well as any hardware
- ☐ Replace all items you are keeping by organizing all items in a tidy manner
- ☐ For the cupboard under the sink, as well as a special cupboard for garbage and recycling, consider scrubbing the interior with water and vinegar (and rinsing) to assist in removing odours
- ☐ Clean and deodorize garbage and recycling containers

Furniture

- ☐ *For each piece of furniture, do the following:*
- ☐ Remove all items (accessory, décor piece etc.) off the furniture, decide if you want to donate or discard (or permanently move) any items
- ☐ Clean underneath the furniture – if safe to do so, pull out the piece to get at the dust bunnies underneath and behind
- ☐ lace felt pads on furniture if possible to make future moves easier
- ☐ Clean the piece of furniture; dust and polish the tops, side and legs of each piece
- ☐ Sort through junk drawers/pile/bowl (keep, donate, discard), clean the drawer/bowl and replace all kept items neatly
- ☐ Dust and replace each item (accessory, lamp, décor piece etc.) where it belongs
- ☐ Remove any seasonal decorations and store

Upholstery and seating

- ☐ Vacuum or wipe all upholstery and seats
- ☐ Launder seat covers if you wish
- ☐ Wipe base of chairs

Floor

- ☐ Wipe cupboard kickplates clean
- ☐ Clean baseboards
- ☐ Rugs washed (professionally or at home), area under rug included
- ☐ Clean floors

Products I need:

Start time/end time:

Notes: